Copper Harbor
Women’s Weekend Schedule
Participant

July 23-25, 2021 (updated 6/30/21)

Friday
11 AM – 12:30 PM  Participant check-in at the Keweenaw Mountain Lodge. Bring your own lunch.
**There is limited parking at KML, please carpool. **
1:00 PM  Safety meeting and welcome gathering at Keweenaw Mountain Lodge
1:30 PM - 4:30 PM  Fundamental skills and drills at Keweenaw Mountain Lodge
5:00 PM – 7:00 PM  Dinner on your own
7:00 PM – 9:00 PM  EVENING PRESENTATIONS at the Grant Township Hall/Park
  Session 1 (7:00 – 7:30): Choose a session
  Session 2 (7:45 – 8:15): Choose a session
  Hang out (snacks/drinks provided)

Saturday
9:00 AM – 9:30 AM  Yoga and stretching at Grant Township Hall/Park with Spirit of the North Yoga
9:30 AM – 12:30 PM  On trail learning/skills in groups
12:30 PM – 1:30 PM  Lunch at Grant Township Hall/Park (food provided by the Mariner )
1:30 PM – 4:30 PM  On trail lessons in groups (location determined by coach)
5:00 PM – 7:00 PM  Dinner on your own
7:00 PM  Hang out/games at Grant Township Hall/Park (snacks/drinks provided)
  SWAG RAFFLE and Sunday Special Group Ride sign-up

Sunday
9:00 AM  Breakfast with GROUP PHOTO at the Grant Township Hall/Park (pastries and coffee provided by Jamsen’s Bakery)
10:00 AM – 1:00 PM  Special Group Ride
1:00 PM  Post-ride lunch at the Grant Township Hall/Park (food provided by the Mariner)
2:00 PM  Weekend Wrap-up at Grant Township Hall/Park
Map: Location of Activities

- **Keweenaw Mountain Lodge**: Friday’s registration and Friday’s skills and drills sessions for all groups. Some groups may meet here again throughout the weekend.
  - There is limited parking at KML, please carpool. You can park near the cart barn at KML or across US 41 from the KML entrance.
- Grant Township Hall/Park: the site of Saturday’s lunch and Sunday’s breakfast and lunch. Site of Saturday’s yoga session and evening activities both days.
- Trails End Campground: Some groups may meet here for Saturday’s skills and drills sessions.

Waste Reduction at Meals:

Please bring the following to reduce the amount of waste generated during the weekend.

- Water bottle for Saturday’s and Sunday’s lunch. We will provide coolers of water and gatorade for each meal and at key meeting areas if it is hot outside.
- Coffee cup for Sunday’s breakfast. We will provide coffee and orange juice.
- Cup for beer and/or wine during the evening activities. We will provide a keg of beer and a couple choices of boxed wine.